

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

## LET'S DANCE After School Enrichment Class LA JOLLA YMCA

Mondays, 3:30pm-4:30pm

Winter Session: January 9 - March 20

Spring Session: April 3 - June 5

Ages 5 - 10

Cost: \$180 members; \$240 participants

This super fun fusion of hip hop and street dance, mixed with modern and world dance, is sure to be a 10! Structured with a playful nature, kids will learn an easy to follow routine incorporating basic dance skills, transitions and patterns as well as develop self– esteem, coordination, agility, confidence, focus and memory while having a blast.

Our instructor Eileen Motta has years of experience teaching kids of all ages. Keeping kids active and embracing healthy living is very important to Eileen. Eileen strives to keep things fresh when teaching dance by integrating dance essential components with organized games to ensure kids are learning and having fun.

Register today online at ymca.org/lajolla or call (858) 453–3483.

